




St John's Primary March 2018

	Monday	Tuesday	Wednesday	Thursday	Friday
Week One 5 th -9 th	Grilled Bacon, Gravy or Chinese Chicken & noodles Turnip Mashed Potatoes noodles, gravy Strawberry jelly, fruit	Oven Baked Sausages, Gravy or Lasagna & healthy Garlic Bread, Sweet corn Selection of Salads Chips or Pasta, gravy Apple crumble & custard	Roast Chicken Stuffing, Gravy Carrots & Parsnips Oven Roast Potatoes and Mashed Potatoes Ice cream, grapes	Shepherd's Pie, Gravy or Salmon Fishcake Peas or Selection of Salads Mashed Potatoes or pasta Rice krispy squares & custard	Chicken crumble or Chicken Nuggets Baked Beans or Corn Chips or Pasta Frozen mousse
Week Two 12-16 th	Pasta Bolognese and Healthy Garlic Bread Or Steak Burger, Gravy Carrots and Mashed Potatoes Rice pudding and oranges, Melon	Gravy or Parsley Sauce Gammon, Cabbage Oven Roast & Mashed Potatoes Jelly & Fruit	Chicken crumble Bacon & Stuffing, Gravy Sweet corn Mashed Potatoes Frozen Yogurt, Fruit	Fresh Fish Goujons With Dips or Homemade Pizza Peas or Selection of Salads Chips or Pasta Frozen yoghurt, Grapes	Patrick's sausages or Irish Stew, mixed veg, champ, Gravy Ice cream, fruit 
Week Three 19 th -23 rd	School closed	Braised Steak & Onions or Homemade Pizza or Pepperoni Pizza Cabbage or Baked Beans, Chips or Mashed Potatoes Frozen mousse, Melon	Beef Noodle Stir-Fry or Grilled Bacon Turnip or Broccoli Gravy, Pasta Mashed Potatoes Muffin & Fruit	Fresh Fish Goujons With Dips or chicken crumble, Peas or Selection of Salads Chips or Pasta Jelly, Grapes	Homemade Vegetable Soup with Homemade Bread, Hot Dog or Chicken Wrap Milk Shake Flake-meal Biscuit oranges
Week Four 26 th -30 th	Chicken Curry & Rice with Naan Bread or Fish Fingers Peas, Gravy Mashed Potatoes Pear sponge & custard, Fruit	Salmon fishcake or Homemade Pizza or Pepperoni Pizza Cabbage or Baked Beans, Chips or Mashed Potatoes Ice cream, oranges	Roast Turkey Stuffing, Gravy Carrots & Parsnips Mashed Potatoes, roast potato Easter cupcakes 		School closed
Week Five					

school food

www.schoolfoodni.com

Bread, Fresh Fruit, Yoghurt, Milk and Water are available daily

If you require any additional information on allergens or Special diets please contact the school in the first instance

