

St Johns Primary School

	Monday	Tuesday	Wednesday	Thursday	Friday
Week One 2 nd -3 rd				Homemade pizza or chicken nuggets, chips or pasta, sweet corn Jam & coconut Sponge and custard	Homemade veg soup with crusty bread Beef burger in bap or chicken wrap Shortbread or yoghurt
Week Two 4 th -8 th	Pasta Bolognese with Healthy Garlic Bread or Fish Fingers Peas, Mashed Potatoes or Pasta Semolina & Fruit Cocktail	Chicken Crumble or Steak Burger, Gravy Sweet corn, Sauté or Mashed Potatoes Jelly & Fruit	Cottage Pie, Gravy or Oven Baked Sausages Mixed Vegetables Mashed Potatoes or Pasta Apple Crumble & custard	Roast Chicken Stuffing, Gravy Carrots & Parsnips Mashed Potatoes, Oven Roast Potatoes Flake meal Biscuit, Fruit	Chicken Curry & Brown Rice with Naan Bread or Homemade Pizza with Selection of Salads or Baked Beans Chips/Pasta Ice Cream & chocolate sauce
Week Three 11 th -15 th	Grilled Bacon with Stuffing, Gravy or Brown Beef Stew Carrots, Mashed Potatoes Frozen Mousse & Fruit	Roast Pork, Apple Sauce, Stuffing, Gravy Broccoli & Corn Oven Roast & Mashed Potatoes Ice-cream Wafer & Fruit	Lasagna & Healthy Garlic bread or Fresh breaded Fish Carrots, Gravy Mashed Potatoes Jelly & Fruit	Peppered Chicken with Brown Rice or Roast Chicken, Stuffing Gravy, Mixed Vegetables, Mashed Potatoes Vanilla Sponge & Custard	Chicken Rice Stir Fry with Curry Sauce and Naan Bread or Chicken Nuggets Baked Beans or Peas Chips or Pasta Fruit Salad, Yogurt
Week Four 18 th -22 nd	Pasta Bolognese Sauce with Healthy Garlic Bread, or Salmon Fishcake Mixed Vegetables, Mashed Potatoes or Pasta Rice Pudding & Fruit	Irish stew or Savory Chicken Wraps Selection of Salads or Sweet corn, Pasta, Oven Dice Potatoes Ice Cream & Chocolate Sauce	Roast Turkey, Stuffing Gravy, Carrots & Parsnips Mashed Potatoes Strawberry Shortcake or Yogurt	Chicken Chow Mein or Steak Burger, Gravy, Carrots Mashed Potatoes or Noddles Pear Sponge & Custard	Chicken Curry & Brown Rice with Naan Bread or Homemade Pizza or Pepperoni Pizza Baked Beans or Peas Chips or Pasta Jelly or Grapes
Week Five 25 th -30 th	Chili Beef & Noodles or Oven Baked Sausages Sweet-Corn, Gravy Mashed Potatoes Date Square & Custard, Fruit	Chicken Fried Rice or Fish Fingers, Gravy Mixed Vegetables Mashed Potatoes Or Pasta Ice Cream Wafer	Lasagna with Healthy Garlic Bread or Steak Burger Peas, Gravy, Chips or Pasta Jam Sponge & Custard	Southern Style Chicken Oven Baked with American Scone or Homemade Pizza Selection of Salads or Baked Beans, Mashed/ Cheesy Baked Potato Jelly & Fruit	CHRISTMAS DINNER 

school food

www.schoolfoodni.com

Bread, Fresh Fruit, Yoghurt, Milk and Water are available daily

If you require any additional information on allergens or Special diets please contact the school in the first instance

